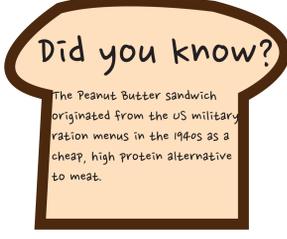
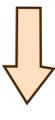


Peanut Butter Sandwiches For Dummies

A how-to on constructing America's favorite sandwich.*

Start Here

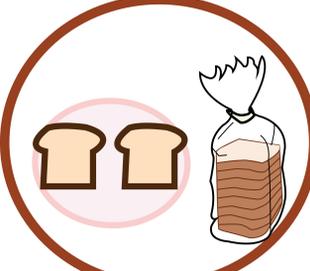
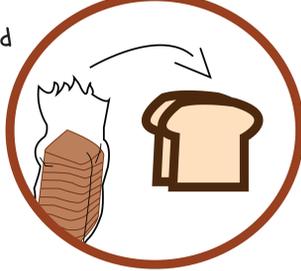


1. Acquire all necessary ingredients.

- Bread (white or wheat)
- Peanut butter (jar)
- A plate (preferably clean)
- A knife (butter variety)
- Jelly (if desired)

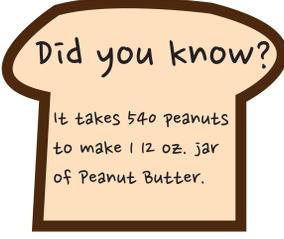


2. Open the plastic bag containing the bread and remove 2 slices.



3. Place the bread side by side on the plate and close the bag.

4. Open the jar of peanut butter by firmly grasping the lid and twisting counter clockwise and removing the lid.



5. Insert the knife into the peanut butter, using a twisting motion to accumulate a generous amount of peanut butter onto said knife. Withdraw the knife.

6. Using the Peanut-Butter-covered knife, deposit said peanut butter onto one of the slices of bread, using a sweeping motion with the knife to spread the peanut butter evenly across the slice.

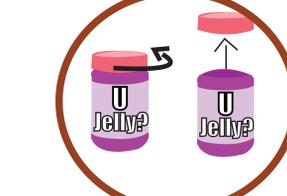


Replace the newly-buttered bread back on the place, peanut butter side up.

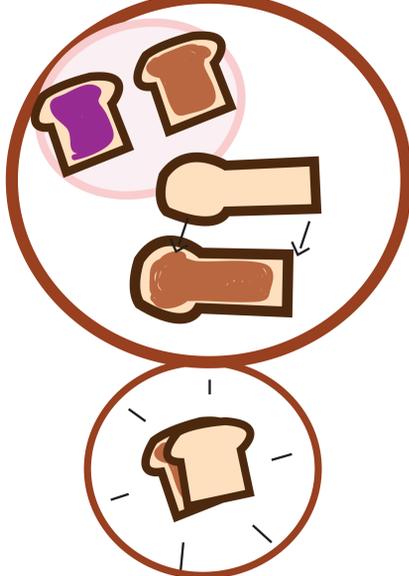


7. Repeat steps 5-7, covering the other slice of bread with peanut butter, or jelly if you prefer.

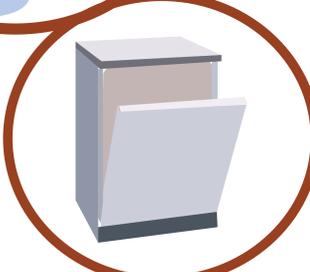
(note: when adding jelly, a second knife is required. when opening the jelly jar, repeat step 4 to open.)



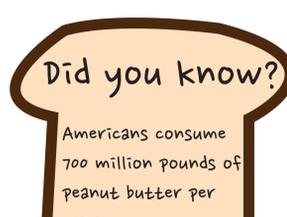
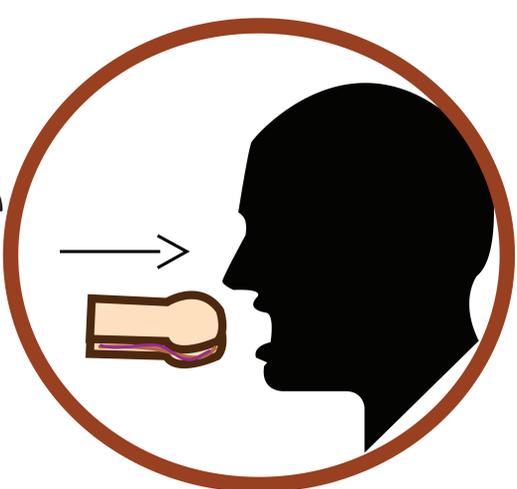
8. With both slices of bread covered in peanut butter (and possibly jelly), combine both slices so that the plain sides are facing out, combining the two peanut butter sides (or peanut butter and jelly side)



9. Rinse knife (or knives) and place into dishwashing unit.



10. consume Sandwich



congratulations You have successfully constructed a peanut butter sandwich!

*America's Sandwich Preferences may vary due to various allergies and tastes.